

CHAPTER IV

RESULT AND DISCUSSION OF RESEARCH

This chapter explain about the research result and discussion of research. The data obtained from the research of the how is the process using speed reading and how to overcome the difficulties using speed reading in teaching reading comprehension at seventh grade students of MTsN Sampang

A. Research Finding

In this chapter, the researcher will discuss the research finding on the field. The researcher use observation, interview, and documentation to collect the data. Firstly, the research finding will be explain how the process using speed reading method and what the difficulties strateggies using speed reading in teaching reading comprehension at seventh grade students of MTsN Sampang.

To obtain the data was releted to how the process using speed reading method and what the difficulties strateggies using speed reading in teaching reading comprehension at seventh grade students of MTsN Sampang. Based on the research of observation and interview during teaching learning proses which the research conducted the research start from November 06th 2021, November 09th 2021, and November 16th 2021. It was conducted about three meetings. Interview was conducted in three meeting, the first meeting was on November 06th 2021, the second meeting was on November 09th 2021, and the last meeting was on November 16th 2021.

In other word, to know how is the process using speed reading method and how to overcome the difficulties using speed reading in teaching reading comprehension at

seven grade of MTsN Sampang. The research conducted observation, interview to obtain this information.

The research found much information or findings of phenomenon in the classroom about how is the process using speed reading method and how to overcome the difficulties using speed reading in reading comprehension by the teacher. The research found strategy that the teacher used in the classroom. The research cloud describe and analyzed some problem of how is the process using speed reading method and how to overcome the difficulties using speed reading in teaching reading comprehension at seven grade of MTsN Sampang. The obtained data are going to be explained as the following description.

1. How The Process Using Speed Reading Method In Teaching Reading Comprehension At Seventh Grade Students of MtsN Sampang

a. First Meeting

The researcher started the observation at November 06th 2021 on Tuesday at 10.50 until 12.00.



First Meeting Observation

The researcher arrived in front of class, he saw many students were in the class and they seemed ready to join in the lesson and then the researcher took

place in the corner of the class after that the researcher took a note and picture when being in teaching and learning there because the researcher was an observer only, the teacher was a controller and students at first grade did activities in the classroom together. The first how does the teacher teach speed reading method in teaching reading comprehension at Seven Grade of MTsN Sampang based on the tree steps in teaching learning process. Each steps would like to explain by researcher as follow:

1) Pre Teaching

The first activity in the teaching learning process in the class. This section has some activities manifested by the teacher in the seven grade. Before the teacher was going on teach in the class room. It show as below:

- a) English teacher prepared the lesson plan of teaching reading text using speed reading method in teaching reading comprehension.
- b) The teacher said salam and gave greeting
- c) The teacher review the previous meeting about numbers
- d) The teacher checked students attendance list

2) Whilst Teaching

The second activity in the teaching learning process in the class, there are some activities that doing by teacher in the classroom, firstly the teacher introduce to the student about the media that used by the teacher and then the teacher explain about definition of speed reading and what method to use reading comprehension. The teacher explain it to make students active in teaching learning process so that the teacher easily to deliver the material

and the students understand enough the material. It was showed by activities as follow:

- a) The teacher explain the material about teaching reading text using speed reading method in teaching reading comprehension.
- b) The teaching using media namely reading text.
- c) The teacher read the text and the students repeat the words that read by the teacher.
- d) The teacher ask the students to read by themselves.

3) Post Teaching

The last activity in the teaching learning process in the class. The teacher conclude the material and ask students to repeat lesson today. The activities are described as below:

- a) English teacher made a conclusion of the material
- b) The teacher ask one of students to lead the class to reciting prayer together before go home
- c) The teacher closed the class by saying salam

When the observation the researcher did not join the activity in the class, the researcher just was an observer while activity in the process of the research. These activities above are in the first meeting researcher obtained from the observation result. Based on the observartion data obtained, teaching and learning was run well because the students interested in the material that given by the teacher. Students are able to read the text with the method given by the teacher.

b. Second Meeting

The research conducted the second observation at November 09th 2021 on Tuesday at 10.50 until 12.00.



Second Meeting Explain The Material

At the second meeting in the teaching learning process it would be different with the first meeting, in the second meeting in the teaching learning process it would be different with the first meeting, in the second meeting the teacher asked the student to reading some text. In the second meeting the teacher not only text but, also used work sheet because the teacher will make the students understand enough the material that given by the teacher.

1) Pre Teaching

The first step is pre-teaching in this step the teacher prepare the classroom before the class began, and actualy it is similar with the previous meeting. The step are described as below:

- a) English teacher prepared the lesson plan of teaching reading text using speed reading method in teaching reading comprehension.
- b) The teacher said salam and gave greeting
- c) The teacher review the previous meeting about speed reading

d) The teacher checked students attendance list

2) Whilst Teaching

It was about the main point activity in the teaching learning process in the classroom, the activities are described below:

a) The teacher explain the material how reading text using speed reading.

b) The teacher ask the students to read the text.

c) The teacher give some exercise based on the text

d) The teacher correct answer the students and ask the student using which method to use?

3) Post Teaching

It was last step in teaching learning proses. The activities are describe as below:

a) The teacher gave conclusion about the material.

b) The teacher gave feedback about the material.

c) The teacher ask one of students to lead the class to reciting prayer together before go home.

d) The teacher closed the class by saying salam.

The observation data for the second meeting is similar with the first meeting. Based on the observation data obtained in the second meeting, teaching and learning was run well because the teacher make the students exercise.

c. Third Meeting

This observation was conducted at November 16th 2021 on Tuesday at 10.50 until 12.00.



Third Meeting Giving The Exercise

In the teaching learning process it would be different with the first and second meeting, but in teaching and learning process the teacher still teach the student how reading text using speed reading. In the third meeting the teacher used long text, in the third meeting students and teacher gave exercise to understand enough the material.

1) Pre Teaching

- a) English teacher prepared the lesson plan of teaching reading text using speed reading method in teaching reading comprehension.
- b) The teacher gave greeting
- c) The teacher re-explain the previous meeting about reading text using speed reading method.
- d) The teacher checked the students attendance list.

2) Whilst Teaching

This step is the core of teaching and learning process. There are some activities that doing by the teacher in the classroom, the activities are described below:

- a) The teacher re-explain to the students about material how reading text using speed reading.
- b) The teacher ask the students to read the text.
- c) The teacher lead the student to re-read the text.
- d) The teacher ask the student using which method to use?

3) Post Teaching

It is the last activity in teaching and learning process. The teacher concluded the material and ask the student using which method to use be better to read the text. The activities are describe as below:

- a) The teacher concluded the material.
- b) The teacher ask one of students to lead the class to reciting prayer together before go home.
- c) The teacher closed the class by saying salam

These activities above are in the third meeting researcher obtained from the observation result. Based on the observation data obtained, teaching and learning was run well, the teacher focuses to make student understand on the speed of reading text by using the method that has been given.

In addition, before researcher start the observation method, firstly researcher interview with the teacher directly in the school to get clarification,

how does the teacher teach speed reading method in teaching reading comprehension at Seven Grade of MTsN Sampang. Mrs Syarifah, S.Pd as English teacher in MTsN Sampang, she stated that:

“ My self as a teacher at MTsN Sampang was applied speed reading method because when I used this method for the students enjoyable and make the student focus in learning process, this method also made the students happy read and find information in the text faster. This method also helps students who are lazy to read long texts by using the method that has been taught by me ”¹

Furthermore, Ahmad Riza as the one of students in Seven Grade he stated that:

“ Mrs Syarifah when teaches long text reading she always uses the there methods namely say and look, skimming, and scanning but it depend on the text ”²

Similar with statement that given by Ahmad Riza, Moh Ibrahim Ibnu Rahman also stated that:

“ Mrs Aminatus Syarifah when teaches simple text she always using scanning method because know that a scanner specific information. When long text Mrs Syarifah using skimming method because we do read the first and the last paragraphs of the text ”³

In other word, based on the observation data and interview data above using there methods using speed reading in teaching reading comprehension is understandable to make students read the text using this methods. Using the three methods of speed reading to make it easier for students to read the text. The use of the three methods depend on the text read by students.

¹ Interview, Aminatus Syarifah as a teacher who teach English at MTsN Sampang, November 16th, 2021

² Interview, Ahmad Riza as a students of Seven Grade at MTsN Sampang, November 16th, 2021

³ Interview, Moh Ibrahim Ibnu Rahman as students of Seven Grade at MTsN Sampang November 16th, 2021

2. What The Difficulties Strategies Using Speed Reading Method In Teaching Reading Comprehension At Seventh Grade Students of MtsN Sampang

There are what the difficulties strategies speed reading method in teaching reading comprehension. The researcher held to interview with the teacher who teach English of Seventh Grade Students at MTsN Sampang C class.

The researcher would like to present some result of what the difficulties strategies using speed reading method in teaching reading comprehension. In this case the researcher would like to explain about what the difficulties strategies using speed reading method in teaching reading comprehension. The following are some difficulties strategies using speed reading in teaching reading comprehension:

“ To speed reading we have to do it also at home, not only at school we apply speed reading to an existing text and I always using skimming methods to read the text because simple methods juts read first and last paragraph ”⁴

From the data above, it can be seen that Rifki Romadhoni using speed reading when he read the text. And he do exercise he using skimming methods to read the text. Skimming is very useful in speed reading technique that can be done easily and fast reading.⁵ All you have to do is read the first and the last paragraphs of the text and also read the first line of each paragraph. The teacher always uses two method namely skimming and scanning. Look and say method just do when the text have a pictures.

⁴ Interview, Rifki Romadhoni as students of Seven Grade at MTsN Sampang, November 16th, 2021

⁵ Edward B. Fry, Ph.D. *Scanning And Skimming Jamestown's Reading Improvement*, Jamestown Publishers (Contemporary Publishing Group Lincolnwood USA, 200), p 1

“ The strategy given to train speed in reading word for word to get more precise and faster information results by using methods that have been invited by the teacher. Using this strategies to understandable the reader when read the text ”⁶

In this case, based on the interview the researcher did Ryan Saputra gave her opinion about how to come the difficulties strategies speed reading in teaching reading comprehension. It relate with Rifki’s opinion, he said when the teacher read the text using three methods it can be helpful to make students more understand the text because all of students get the specific information.

Speed reading can effectively be broken down into four basic principles non vocalization, increased reading speed, word grouping and skimming. These four concepts will help to address your reading ability from all angles. Therefore, not only will you learn new skills, but you will also rid yourself of the bad habits that restrict your reading speed, as well as your reading comprehension more often than not. By taking this approach you will increase the rate of words you read per minute, the amount of reading you can do in one sitting, and ultimately the speed with which you gain knowledge from any written text. These skills will enable you to become a more proficient and efficient reader, providing you with the maximum results from the time and effort you put into reading.

The first speed reading strategy to master is non vocalization. Only when you are able to see a word without actually pronouncing it in your head will you be able to release yourself from the slow reading speed you are accustomed to. This is usually the greatest challenge, and thus it is the first one to be addressed.

⁶ Interview, Ryan Saputra as students of Seven Grade at MTsN Sampang, November 16th, 2021

The second speed reading strategy to master is to increase the number of words you read per minute. In a way, this is a lot like trying to lower the time it takes to run a mile. Whenever you hear runners talking, they often compare running times. While some boast of being able to run an eight minute mile, others will boast of being able to do the same in six minutes or less. This measure of minutes per mile is the baseline of how proficient a person is at running. Reading is much the same.⁷

Based on result of interview and observe about how to come the difficulties strategies speed reading in teaching reading comprehension. Students more often use the skimming methods because they only read the beginning of the paragraph to get the important point from the text they read. While the scanning method only provides specific information about the text. Using look and say methods is only focus of the pictures and students there is no satisfaction in using this method because they cannot read the text as a whole. And using speed reading in teaching reading comprehension is understandable to make students read the text using this methods. Using the three methods of speed reading to make it easier for students to read the text. The use of the three methods depend on the text read by students.

B. Discussion of Research

In this part, the research discussed all of the data that had written above. Written the data was found by the researcher conducted the study. In describing the researcher wanted to give an understanding to the reader about how is the process using speed

⁷ Ralph castle, *Speed Reading Strategies To Read Faster For Accelerated Learning In 12 Hours Or Less*, Copyright 2018 - Ralph Castle - All rights reserved, p 26

reading method in teaching reading comprehension at Seventh Grade Students of MTsN sampang.

The researcher want to present the researcher finding based on the researcher focus. The researcher have two point to describe the discussion of the research. The first to know how the process using speed reading method in teaching reading comprehension at Seventh Grade Students of MTsN Sampang, and to find out what the difficulties using speed reading method in teaching reading comprehension at Seventh Grade Students of MTsN Sampang.

1. The Process Using Speed Reading Methods In Teaching Reading Comprehension At Seventh Grade Students of MTsN Sampang

In this part, the process using speed reading methods used by English teacher in classroom, from learned-centered found 22 data, and the data from learning through discovery 02 data, and personalize learning is 02 data.

From the observation already made, the researcher found three methods of using speed reading in teaching reading comprehension by English teacher. The name of the process using speed reading in teaching reading comprehension is Look and say methods, Skimming methods, and Scanning methods to teach speed reading in reading text.

In observation when the researcher spent three times researching found that almost the teacher in teaching and learning used learned centered with 22 data. This type is common when the teacher explaining or teach the material.

The researcher would like to present some result of how is the process using speed reading method in teaching reading comprehension. In this case the

researcher would like to explain about how is the process using speed reading method in teaching reading comprehension. The following are some process using speed reading method in teaching reading comprehension:

“ I prefer to read using the Skimming method because it only focuses on the first and last paragraph to conclude the contents of the text ”⁸

From the data above, it can be seen that Rika Auli Safitri using speed reading when she read the text. And she do exercise he using skimming methods to read the text. Skimming is very useful in speed reading technique that can be done easily and fast reading.⁹ All you have to do is read the first and the last paragraphs of the text and also read the first line of each paragraph.

“ I prefer to read text using the scanning method because it is easier to find specific information in the text ”¹⁰

From the data above, it can be seen that Rehal farizi using speed reading when he read the text. And he do exercise he using scanning methods to read the text. Scanning is the preferred technique in addition to skimming. We all know that a scanner is and what it does and specific information.¹¹

“ I like to use the look and say method because just by looking at the image we can conclude the content of the text ”¹²

⁸ Interview, Sahrul as students of Seven Grade at MTsN Sampang, November 16th, 2021

⁹ Edward B. Fry, Ph.D. *Scanning And Skimming Jamestown's Reading Improvement*, Jamestown Publishers (Contemporary Publishing Group Lincolnwood USA, 200), p 1

¹⁰ Interview, Rehal Farizi as students of Seven Grade at MTsN Sampang, November 16th, 2021

¹¹ Edward B. Fry, Ph.D. *Scanning And Skimming Jamestown's Reading Improvement*, Jamestown Publishers (Contemporary Publishing Group Lincolnwood USA, 200), p 40

¹² Interview, Umar Ghadafi as students of Seven Grade at MTsN Sampang, November 16th, 2021

From the data above, it can be seen that Umar Ghadafi using speed reading when he read the text. And he do exercise he using look and say methods to read the text. This method was considered a very successfull learning method for children. When showing children the word of the word they will repeatedly tell them the name of word, perhaps by meaningful picture or context.¹³

Based on discussion of research of interview about how is the process using speed reading method in teaching reading comprehension.. Students more often use the skimming methods because they only read the beginning of the paragraph to get the important point from the text they read. While the scanning method only provides specific information about the text. Using look and say methods is only focus of the pictures and students there is no satisfaction in using this method because they cannot read the text as a whole. And using speed reading in teaching reading comprehension is understandable to make students read the text using this methods. Using the three methods of speed reading to make it easier for students to read the text. The use of the three methods depend on the text read by students.

2. What the difficulties using speed reading method in teaching reading comprehension at Seventh Grade Students of MTsN Sampang

The researcher would like to present some result of what the difficulties strategies using speed reading method in teaching reading comprehension. In this case the researcher would like to explain about what the difficulties strategies using

¹³ Satriani, N., Soendari, T., & Warnandi, N. (2019). *Pengembangan Program Literasi Untuk Meningkatkan Kemampuan Berbicara Dan Membaca Anak Dengan Hambatan Pendengaran*. Affirmation Of The Identity Of Special Education Science To Support The Implementation Of Inclusive Education, p 124.

speed reading method in teaching reading comprehension. The following are some difficulties strategies using speed reading in teaching reading comprehension:

“ The strategy to read speed is to repeat every time we read using the methods that have been taught according to the existing text ”¹⁴

From the data above, it can be seen that Qurrotul Ainiyah to overcome the difficulties speed reading strategies. Whenever you hear runners talking, they often compare running times. While some boast of being able to run an eight minute mile, others will boast of being able to do the same in six minutes or less. This measure of minutes per mile is the baseline of how proficient a person is atrunning. Reading is much the same.¹⁵

“ The strategy used for biginners is only to read words and then sentences to conclude the contents of the text “¹⁶

From the data above, it can be seen that Fajar Nasruloh to overcome the difficulties speed reading strategies. Whenever you hear runners talking, they often compare running times. While some boast of being able to run an eight minute mile, others will boast of being able to do the same in six minutes or less. This measure of minutes per mile is the baseline of how proficient a person is atrunning. Reading is much the same.¹⁷

Speed reading can effectively be broken down into four basic principles non vocalization, increased reading speed, word grouping and skimming. These four concepts will help to address your reading ability from all angles. Therefore, not

¹⁴ Interview, Qurrotul Ainiyah as students of Seven Grade at MTsN Sampang, November 16th, 2021

¹⁵ Ralph castle, *Speed Reading Strategies To Read Faster For Accelerated Learning In 12 Hours Or Less*, Copyright 2018 - Ralph Castle - All rights reserved, p 26

¹⁶ Interview, Fajar Nasruloh as students of Seven Grade at MTsN Sampang, November 16th, 2021

¹⁷ Ralph castle, *Speed Reading Strategies To Read Faster For Accelerated Learning In 12 Hours Or Less*, Copyright 2018 - Ralph Castle - All rights reserved, p 26

only will you learn new skills, but you will also rid yourself of the bad habits that restrict your reading speed, as well as your reading comprehension more often than not. By taking this approach you will increase the rate of words you read per minute, the amount of reading you can do in one sitting, and ultimately the speed with which you gain knowledge from any written text. These skills will enable you to become a more proficient and efficient reader, providing you with the maximum results from the time and effort you put into reading.

The first speed reading strategy to master is non vocalization. Only when you are able to see a word without actually pronouncing it in your head will you be able to release yourself from the slow reading speed you are accustomed to. This is usually the greatest challenge, and thus it is the first one to be addressed. The second speed reading strategy to master is to increase the number of words you read per minute. In a way, this is a lot like trying to lower the time it takes to run a mile. Whenever you hear runners talking, they often compare running times. While some boast of being able to run an eight minute mile, others will boast of being able to do the same in six minutes or less. This measure of minutes per mile is the baseline of how proficient a person is at running. Reading is much the same.¹⁸

Form the research above, the second discussion is how to overcome difficulties in speed reading. In this section the research wants to describe the findings that all students have different responses regarding the use of methods in the text. All students are better of using the skimming methods because they only

¹⁸ Ralph castle, *Speed Reading Strategies To Read Faster For Accelerated Learning In 12 Hours Or Less*, Copyright 2018 - Ralph Castle - All rights reserved, p 26

observe the first and last paragraph of the reading text. While the scanning methods only finds specific information in the reading text. And look and say methods only uses images to find out what points are in the image.

From the results of this study and discussion of this research, the researcher knows which method is faster and more appropriate for reading te reading text from this finding anf discussion, the researcher know that students at Seven Grade have a perceptions about the use of methods and strategies used when reading texts. Although it is very helpful in tremns of reading by using methods and strategies to teach speed reading of texts, but the teacher is quite good at convenying strategies and methods to make it easier for students to read by using strategies and methods taught by the teacher.